

Built Facilities

Theme parks and viewing stations

There are hundreds of theme parks all over the world to which millions of people visit every year. They aim to cater for a variety of different interests and ages.

https://en.wikipedia.org/wiki/Walt_Disney_Parks_and_Resorts

1. In which cities around the world are there Disney Worlds and Resorts? In which year were they opened? (Scroll down to the map – **Disney resorts**)

-
-
-
-
-
-
-

2. What are the future projects that Walt Disney Worlds are planning?

Together, all the Disney Worlds had _____ million visitors in 2017. (page 25 in textbook)

3. Choose one of the theme parks from Figure 2.15 and research to discover what it offers in terms of entertainment.

Sovereign Hill

Opened in 1970 near Ballarat, is Victoria's most visited theme park. It depicts Victorian life in the decade following the discovery of gold.

Visit the Sovereign Hill website and record below what is being offered to make it popular.

<http://sovereignhill.com.au/>

1. _____

2. _____

3. _____

4. _____

5. _____

The Melbourne Star



Research the troubles Melbourne Star faced at around the time of its opening in 2008.

Medical Health Facilities

Many people travel domestically and internationally for health reasons often with the desire to avoid long waits and/or high costs. Define the difference between medical and health tourism:

Medical tourism

Health tourism

Both medical and health tourism require specialised *built facilities*.

Take a soak in the world's 12 best hot springs.

Use the article to list where beautiful hot springs can be found around the world.

<https://www.fodors.com/news/photos/take-a-soak-in-the-worlds-12-best-hot-springs>

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.

The Peninsula Hot Springs

<https://www.peninsulahotsprings.com/our-water/benefits/>

Balneology is the practice of treating and preventing disease through the use of natural mineral hot springs water. This practice has been used since the Bronze Age by many different civilizations including the Romans, Egyptians and Greeks.

On the Peninsula Hot Springs website, use the information provided to explain the benefits of bathing in natural spring water.

Detoxification:

Improves sleep:

Encourages social connectivity:

Reduces arthritis symptoms:

Improve muscle and bone health

Reduces high blood pressure:

Finish by reading the attached article, ***“Why the Dead Sea is good for you”*** and explain what makes the health benefits of the Dead Sea so special.

<https://www.dailymail.co.uk/health/article-102708/Why-Dead-Sea-good-you.html>

Why the Dead Sea is good for you

by NAOMI COLEMAN, femail.co.uk

Thousands of people flock to the Dead Sea, found along Israel's border with Jordan, each year because it is renowned for its health-giving properties.

Containing up to eight times more minerals than most sea water, the Dead Sea is the saltiest in the world. It's believed that this, combined with the unique atmosphere in the area, is the secret of its success.

Even before Roman times, the Dead Sea had attracted spa-lovers from far and wide.

Today, scientific evidence proves that the Dead Sea can help treat a host of common illnesses. Typical conditions range from joint pain and arthritis to psoriasis and heart problems.

This is because the Dead Sea contains 33 per cent salt and a wealth of magnesium, calcium, potassium and other minerals. It is these minerals combined with the salt, sun and relaxation that are thought to have such a remarkable effect on psoriasis.

Researchers have found that those patients with psoriasis who bathed for an hour a day in the Dead Sea improved by 88 per cent. The water is also said to be effective in treating allergies.

It is claimed, too, that the Dead Sea helps relieve arthritis. This is because warmth and buoyancy reduce the release of prostaglandins - hormone-like substances present in a variety of tissues and body fluids that induce inflammation and therefore pain.

Interestingly, anti-inflammatory drugs found in the chemist are based on the ability to reduce prostaglandins.

Dr Rodney O'Donnell, a Berkshire GP currently researching the health benefits of the Dead Sea, believes that hydrotherapy could be the alternative painkiller of the future. Over the next five years he will be looking closely at the health benefits of the Dead Sea.

'I have big hopes for floation treatment,' he says. 'I believe that this technique will reduce the need to take medicine, keep muscles fit after injury and provide rehabilitation for those recovering from knee operations and hip replacements.'

Floating is also said to help boost energy because instead of standing upright, we can lie horizontal and become completely weightless.

Scientific evidence shows that the Dead Sea can benefit heart patients too. A study by the Bnei Zion Hospital, Halfa, found heart disease patients improved after spending time in the region, benefiting from the low altitude and high oxygen atmosphere.

It's also claimed that the Dead Sea can cleanse the body of toxins. According to Dr O'Donnell, flotation is known to induce diuresis - increased secretion of urine by the kidneys.

'Floating means high levels of blood move to the abdomen area. This puts gentle pressure on the kidneys which stimulates the urge to urinate. Urinating helps get rid of toxins in our body,' he says.